



THRIVE
ACUPUNCTURE CLINIC

Information Pack for
Businesses

WWW.THRIVEACUPUNCTURECLINIC.CO.UK

What We Offer



Not your ordinary corporate well-being event

We offer a proven auricular or ear acupuncture treatment that is designed to be delivered in a **group setting**. It's effective for treating a range of issues and it's suitable for almost everyone making it a **truly inclusive therapy** option.

How Does it Work?

- The treatment is delivered **seated and fully clothed**
- We use very small, fine sterile needles in the ear (needle free options also available)
- The needles are placed in the ear and left for around **30 minutes** whilst patients relax
- After removal we offer the option of acupressure ear seeds to continue the benefit of the treatment for the next few days
- We are **fully licensed**, all waste will be removed in line with regulations and we are **regulated and fully insured by the British Acupuncture Council**.

What are the Benefits?

- Reduces the symptoms of **stress and anxiety**
- Improve **focus** and mental clarity
- Improves **sleep**
- Induces feelings of **relaxation**
- Improves symptoms of **menopause and perimenopause** such as hot flushes, night sweats, anxiety and joint aches
- Proven treatment
- **Suitable for everyone**
- **High impact** treatment
- Group setting allows for a feeling of **community** and shared experiences
- **Low cost** and fully customisable to suit your business and your budget. Please get in touch for full details and pricing.

About Me

I'm Rebecca Klouda, I'm an acupuncturist and founder of Thrive Acupuncture Clinic, an acupuncture clinic based in Otley, Leeds.

Prior to training as an acupuncturist, I worked at a senior level in Financial Services for over 20 years. This experience means I appreciate the challenges of a corporate environment and the importance of mental and emotional well-being in the workplace.



I'm passionate about championing emotional well-being and supporting women in menopause which is why I wanted to create this treatment that can be delivered in the workplace allowing access to affordable acupuncture for a greater number of people.

Working Together

As mentioned, packages can be tailored to suit your needs and your budget. You can choose to fully fund treatment sessions or colleagues can self fund treatment at preferential rates if you prefer.

Needle free treatment options are available making this a wonderfully accessible treatment that's suitable for everyone.

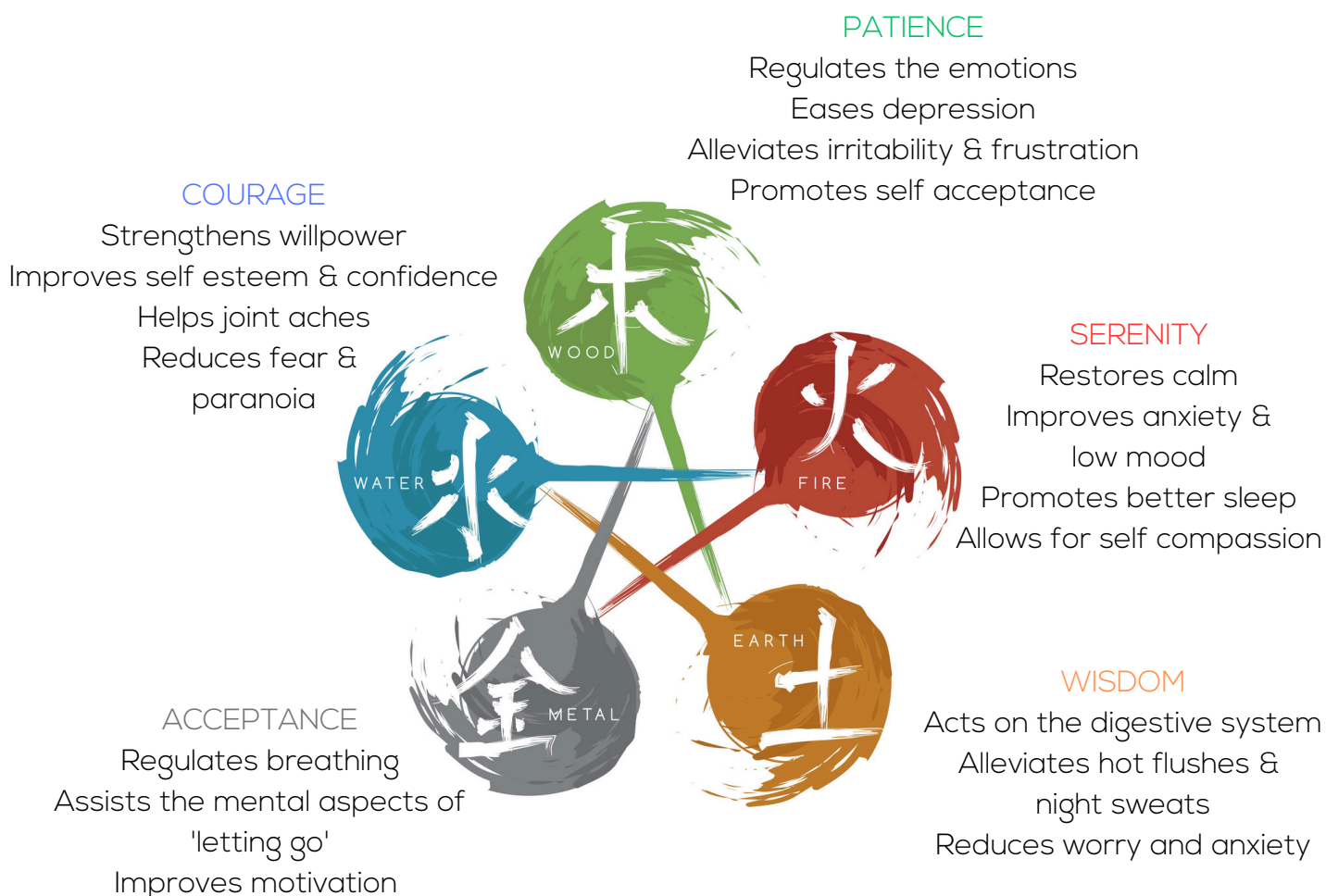
If you'd like any more information please do get in touch and I'd be delighted to discuss how acupuncture could invigorate your corporate well-being offer and support your teams with mental and emotional well-being or form an exciting part of your menopause support initiatives.

More about the Treatment



The Benefits - Chinese Medicine Perspective

The fundamental objective of the treatment is to restore balance to the patient. The treatment harmonises the 5 Elements to create a feeling of serenity, well-being and strength to enable patients to be better equipped to deal with the challenges life throws at them.



GET IN TOUCH

Workplace
mental health
support

Menopause
support
initiatives

Team or client
events

Women's health
events

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